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Parenting Adolescents 101

Bedford School District

March 13, 2008

Other Adult Relationships



Did you know that youth are more likely to grow up healthy when they receive support from three or more non-parent adults.

Which adult does your adolescent most enjoy being with and why? Have you told them about a significant adult from your childhood? Try explaining what you gained from that relationship.

If your adolescent had a tough question that he/she didn't want to discuss with a parent, who would they go to?

As parents how do you show appreciation to the significant adults in your child's life?

Bring your answers and your questions to this group of like-minded parents

Parenting 101 is facilitated by Sue Mullen, School Counselor at Ross A. Lurgio Middle School and Donna LaRue, Youth Counselor for the Bedford School District.

Groups will be held on the second Thursday of each month, in the Media Center of the Middle School. 7pm- 8:00pm.